

























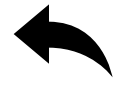




PSHE LONG TERM OVERVIEW

	EYS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<p>Being me in my World Similarities & differences Feelings Being at school Gentle hands Our rights Our responsibilities PANTS-NSPCC</p>	What is the same and what is different about us? <u>Relationships</u> <ul style="list-style-type: none"> Similarities and differences Our bodies Ourselves and others Individuality 	<p>What helps us to stay safe? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Keeping safe Recognising risk 	<p>What keeps us safe? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Keeping safe at home Keeping safe at school Our bodies Hygiene Medicines and household products 	<p>How can we manage risk in different places? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Keeping safe Out and about Recognising risk Managing risk 	<p>How can we help in an accident or emergency? <u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> Basic first aid Accidents Dealing with emergencies 	<p>How can we keep healthy as we grow? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Looking after ourselves Growing up Becoming independent Taking more responsibility
	<p>Differences What am I good at? I'm special, I'm me Families Houses & homes Making friends Standing up for yourself</p>	Who is special to us? <u>Relationships</u> <ul style="list-style-type: none"> Families Ourselves and others People who care for us Groups we belong to 	<p>What is bullying? <u>Relationships</u></p> <ul style="list-style-type: none"> Behaviour Bullying Words and actions Respect for others 	<p>How can we be a good friend? <u>Relationships</u></p> <ul style="list-style-type: none"> Friendship Making positive friendship Managing loneliness Dealing with arguments 	<p>How do we treat each other with respect? <u>Relationships</u></p> <ul style="list-style-type: none"> Respect for self and others Courteous behaviour Safety Human rights 	<p>What jobs would we like? <u>Living in the wider world</u></p> <ul style="list-style-type: none"> Careers Aspirations Role models The future 	
Spring 1	<p>Dreams & goals Challenge Never giving up Setting a goal Obstacles & support Flight to the future Achieve a goal PANTS- NSPCC</p>	<p>What can we do with money? <u>Living in the Wider world</u></p> <ul style="list-style-type: none"> Money Making choices Needs and wants 	<p>What makes a good friend? <u>Relationships</u></p> <ul style="list-style-type: none"> Friendship Feeling lonely Managing arguments 	<p>What makes a community? <u>Living in the wider world</u></p> <ul style="list-style-type: none"> Community Belonging to groups Similarities and differences Respect for others 	<p>How can we manage our feelings? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Feelings and emotions Expression of feelings Behaviour 	<p>What makes a person's identity? <u>Health and wellbeing</u> <u>Identity</u></p> <ul style="list-style-type: none"> Personal attributes and qualities Similarities and differences Individuality and stereotypes 	<p>How can the media influence people? <u>Living in the wider world</u></p> <ul style="list-style-type: none"> Media literacy and digital resilience Influences and decision making Online Safety
	<p>Healthy me! Need to exercise Moving & resting Food choices Sleep is good Keeping clean Stranger danger Dental hygiene</p>	<p>Who helps to keep us safe? <u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> Keeping safe People who help us 	<p>How do we recognise our feelings? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Feelings Mood Times of change Loss and bereavement Growing up 	<p>What are families like? <u>Relationships</u></p> <ul style="list-style-type: none"> Families Family life Caring for each other 	<p>What strengths, skills and interests do we have? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Self-esteem Self-worth Personal qualities 	<p>How can friends communicate safely? <u>Relationships</u></p> <ul style="list-style-type: none"> Friendships Relationships Becoming independent Online Safety 	
Summer 1	<p>Relationships Family & me Making friends Unkind words/bullying Calm me time to control my feelings How to be a good friend PANTS- NSPCC</p>	How can we look after each other and the world? <u>Living in the wider world</u> <ul style="list-style-type: none"> Ourselves and others The world around us Caring for others Growing and changing 	<p>What jobs do people do? <u>Living in the wider world</u></p> <ul style="list-style-type: none"> People and jobs Money Role of the internet 	<p>Why should we keep active and sleep well? <u>Health and wellbeing</u></p> <ul style="list-style-type: none"> Being healthy Keeping active Taking rest 	<p>How can our choices make a difference to others and the environment? <u>Living in the wider world</u></p> <ul style="list-style-type: none"> Caring for others Caring for the environment Caring for people and animals Shared responsibilities Making choices Making decisions 	<p>What decisions can people make with money? <u>Living in the wider world</u></p> <ul style="list-style-type: none"> Money Making decisions Spending and saving 	<p>What will change as we become more independent?</p> <p>How do friendships change as we grow?</p> <p><u>Relationships</u></p> <ul style="list-style-type: none"> Different relationship

Summer 2	 Changing me! My body – name body parts Respecting my body – I know  how to be healthy Growing up – all grown from babies to adults How I feel about moving to year1 Worries & looking forward to year 1 Celebrate my time in reception	What helps us stay healthy? <u>Health and Wellbeing</u>  Being healthy  Hygiene  Medicines  People who help us with health	 What helps us grow and stay healthy? <u>Health and Wellbeing</u>  Being healthy  Eating  Drinking  Playing  sleeping	 Why should we eat well and look after our teeth? <u>Health and Wellbeing</u>  Being Healthy  Eating well  Dental care	How will we grow and change? <u>Health and Wellbeing</u>  Growing and Changing  Puberty	How can drugs, common to everyday life, affect health? <u>Health and Wellbeing</u>  Drugs  Alcohol and tobacco  Healthy habits	 Changing and growing  Adulthood  Independence  Moving to Secondary school
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Key

	Build – area of study that builds on previous area of learning		Revisit – spaced retrieval
	Link – area of study links to another curriculum area		New - Introduce new content