

# Bramingham Lunches

## MENU

### BRAMINGHAM PRIMARY SCHOOL WEEK ONE

Week Commencing: 3<sup>rd</sup> September, 21<sup>st</sup>  
Sept, 12<sup>th</sup> October

Salad bar includes a selection of fresh produce  
such as cucumber and carrot sticks, halved  
grapes, cherry tomatoes, lettuce

## MONDAY

### Tomato Pasta Bake (Veg)

with a choice of garlic bread, salad, or seasonal  
vegetables

### Vegetable Rice (Veg)

### Cheese Soft Deli Roll (Veg)

Served with salad and optional coleslaw

### Sides

garlic bread, salad bar, seasonal vegetables,  
coleslaw

### Dessert

Blueberry sponge cake, yoghurt,  
fresh fruit



## TUESDAY

### Pork Sausages

Add potato wedges, spaghetti hoops, seasonal  
vegetables or salad

### Crispy Chicken Goujons (Halal)

### Quorn Sausages (Veg)

### Sides

baked potato wedges, spaghetti hoops, seasonal  
vegetables, salad, bread

### Dessert

Shortbread cookie, yoghurt, seasonal fresh fruit



## WEDNESDAY

### Roast Chicken Dinner

crispy yorkshire pudding, seasonal vegetables,  
and stuffing

### Roast Quorn Dinner (Veg)

### Cheese Bagel and Salad (Veg Option)

### Sides

Roast Dinner served with roast potatoes and  
seasonal vegetables, Yorkshire pudding, stuffing  
bread and salad bar

### Dessert

Frozen strawberry yoghurt, fresh fruit



## THURSDAY

### Chicken Curry (Halal)

### Beef Wrap

(an enchilada but without the spice)

### Jacket Potato Cheese and Beans (Veg Option)

### Sides

Rice, naan bread slice, salad bar,  
seasonal vegetables

### Dessert

jelly with summer fruit side, yoghurt, fresh fruit



## FRIDAY

### It's Pizza Friday

### Cheese and Tomato Pizza (Veg)

### Fishfingers

### Sausage Roll

### Sides

french fries, baked beans, peas

### Dessert

Ice cream tub, yoghurt, seasonal fresh fruit

